

## Allergy Advice

In compliance with food labelling regulation - EC1169/2011. Customers are advised to let our staff know if any food may cause allergic reaction prior to order.

If you would like to know the list of ingredients used in a particular dish from our menu, our manager will be happy to assist you.



For more information, visit: [food.gov.uk/allergy](http://food.gov.uk/allergy) or [nhs.uk/conditions/allergies](http://nhs.uk/conditions/allergies)

# 14 Allergens

Coming to a food label near you



The way allergens are labelled on prepacked foods is changing because of new regulations. The Food Information Regulation, which comes into force in December 2014, introduces a requirement that food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:

<b>1</b>	<b>Celery</b> This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.
<b>2</b>	<b>Cereals containing gluten</b> Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats is often found in foods containing flour, such as some types of baking powder, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.
<b>3</b>	<b>Crustaceans</b> Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.
<b>4</b>	<b>Eggs</b> Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.
<b>5</b>	<b>Fish</b> You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.
<b>6</b>	<b>Lupin</b> Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.
<b>7</b>	<b>Milk</b> Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.
<b>8</b>	<b>Molluscs</b> These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stew.
<b>9</b>	<b>Mustard</b> Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.
<b>10</b>	<b>Nuts</b> Not to be mistaken with peanuts (which are actually a legume and grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauces.
<b>11</b>	<b>Peanuts</b> Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as groundnut oil and peanut flour.
<b>12</b>	<b>Sesame seeds</b> These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, buns, sesame oil and tahini. They are sometimes toasted and used in salads.
<b>13</b>	<b>Soya</b> Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.
<b>14</b>	<b>Sulphur dioxide (sometimes known as sulphites)</b> This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables, as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.

## Starters

### - 头盘 -



- Red lantern  
大红灯笼高高挂 ..... £18
- Crispy aromatic duck  
香酥鸭 ..... ½ Half £17    ¼ Quarter £9.50
- Shandong crispy lamb  
山东炸羊腩 ..... £10
- Tempura king prawn  
天妇罗大虾 ..... £10
- Salt and pepper chilli king prawn  
椒盐大虾 ..... £10
- Steamed dumpling platter  
蒸点心三拼 ..... £10
- Hot hors d'oeuvres  
炸拼盘 ..... £10
- Salt and pepper chilli squid  
椒盐鱿鱼 ..... £8
- Vietnamese Spring Rolls  
越南春卷 ..... £8
- Vietnamese steamed king prawn rice roll  
越南大虾肠粉 ..... £8
- King prawn summer roll  
大虾夏卷 ..... £8
- Zhenjiang spare ribs  
镇江排骨 ..... £8



**\*We do not use Monosodium glutamate (MSG) for all our cooking.**

All photos for illustration purpose only



- |    |  |    |
|----|--|----|
| 13 | Italian style king prawn salad<br>意大利油醋大虾沙拉 .....    | £8 |
| 14 | Aromatic duck watermelon salad<br>香酥鸭西瓜沙拉 .....      | £7 |
| 15 | Teriyaki sauce mini chicken skewers<br>日本烧汁小鸡串 ..... | £6 |
| 16 | Japanese style chicken salad<br>和风鸡沙拉 .....          | £6 |
| 17 | Sweet sauce chicken wings<br>瑞士鸡翅膀 .....             | £6 |
| 18 | Roti bread aromatic duck wrap<br>印度薄饼鸭卷 .....        | £5 |
| 19 | Vegetable tempura<br>天妇罗杂菜 .....                     | £5 |
| 20 | Aromatic duck spring roll<br>香酥鸭卷 .....              | £5 |
| 21 | Vegetarian spring roll<br>斋春卷 .....                  | £4 |
| 22 | Grilled Korean chicken gyoza<br>煎韩国锅贴 .....          | £4 |
| 23 | Grilled Korean vegetarian gyoza<br>煎韩国斋锅贴 .....      | £4 |
| 24 | Steamed edamame with sea salt<br>蒸日本毛豆 .....         | £4 |
| 25 | steamed edamame with hot bean sauce<br>豆瓣酱毛豆 .....   | £4 |
| 26 | Kimchi<br>韩国泡菜 .....                                 | £4 |



## Main dishes

- 正岁 -



- |    |  |     |
|----|--|-----|
| 27 | Grilled seafood platter<br>铁板烧海鲜拼盘 .....                     | £18 |
| 28 | Seafood vermicelli hotpot<br>海鲜粉丝煲 .....                     | £12 |
| 29 | Mixed meat vermicelli hotpot<br>杂肉粉丝煲 .....                  | £12 |
| 30 | Beef ribs in lotus leaves<br>荷叶牛短骨 .....                     | £12 |
| 31 | Grilled diced fillet steak<br>香煎大牛柳 .....                    | £12 |
| 32 | Grilled diced lamb shoulder fillet<br>香煎羊柳 .....             | £12 |
| 33 | Thai green curry king prawn<br>泰国青咖喱虾 .....                  | £11 |
| 34 | Sizzling sirloin steak in Peking sauce<br>京都牛柳 .....         | £11 |
| 35 | Mala chilli king prawn<br>麻辣大虾 .....                         | £11 |
| 36 | Chinese crispy pork<br>中国烧肉 .....                            | £11 |
| 37 | Golden char siu pork<br>金牌叉烧 .....                           | £11 |
| 38 | Sweet and sour king prawn<br>咕嚕大虾 .....                      | £11 |
| 39 | King prawn in chilli black bean sauce<br>豉椒大虾 .....          | £11 |
| 40 | Sirloin steak in chilli black bean sauce<br>豉椒牛柳 .....       | £11 |
| 41 | Sizzling sirloin steak in black pepper sauce<br>铁板黑椒牛柳 ..... | £11 |
| 42 | Kungpo king prawn<br>公保大虾 .....                              | £11 |





- 43 King prawn with ginger and spring onions  
羌葱虾 ..... £11
- 44 Sirloin steak satay sauce  
沙爹牛柳 ..... £11
- 45 Vietnamese beef pho  
越南牛肉汤河粉 ..... £9
- 46 Vietnamese chicken pho  
越南鸡肉汤河粉 ..... £9
- 47 Vietnamese mixed veg pho  
越南杂菜汤河粉 ..... £9
- 48 Lotus leaf beef rib noodle soup  
酱香牛肉汤面 ..... £9
- 49 Thai green curry chicken  
泰国青咖喱鸡 ..... £9
- 50 Crispy shredded beef  
干牛丝 ..... £9
- 51 Kungpo chicken  
公保鸡丁 ..... £8
- 52 Monk vegetarian chicken  
罗汉斋鸡 ..... £8
- 53 Chicken in chilli black bean sauce  
土召鸡 ..... £8
- 54 Chicken with ginger and spring onions  
羌葱鸡 ..... £8
- 55 Sweet and sour chicken  
咕嚕鸡 ..... £8
- 56 Mala chicken  
麻辣鸡 ..... £8
- 57 Crispy shredded chicken  
干鸡丝 ..... £8



## Vegetables

- 蔬菜 -



- 58 Stir fry Chinese greens  
香炒中国菜 ..... £8
- 59 Stir fry French beans in garlic sauce  
蒜蓉炒法国甜豆 ..... £8
- 60 Stir fry shredded potatoes in homemade crispy chilli oil  
老干妈辣酱炒土豆丝 ..... £8
- 61 Stir fry deluxe vegetable  
炒上素 ..... £8
- 62 Fried Chinese fungus with tofu  
云耳豆腐 ..... £8
- 63 Dry fried fine beans  
干煸豆角 ..... £8
- 64 Sweet and sour vegetarian chicken  
咕嚕斋鸡 ..... £8

## Rice dishes

- 饭类 -

- 65 King prawn fried rice  
大虾炒饭 ..... £10
- 66 Lotus leaf beef ribs with egg white fried rice  
牛短骨饭 ..... £10
- 67 Golden char siu pork with egg white fried rice  
金牌叉烧饭 ..... £10
- 68 Aromatic duck fried rice  
香鸭炒饭 ..... £8
- 69 Chicken fried rice with homemade crispy chilli oil  
四川香酱炒鸡饭 ..... £8
- 70 Chicken fried rice with homemade pickled veg  
碎米芽菜炒鸡饭 ..... £6
- 71 Singapore fried rice  
星洲炒饭 ..... £6
- 72 Egg white fried rice  
蛋白炒饭 ..... £4



## Noodles

- 面 -



- 73 King prawn yi mein  
大虾红烧伊面..... £12
- 74 Golden char siu pork yi mein  
金牌叉烧红烧伊面..... £11
- 75 Fried Japanese ramen noodles with king prawn  
大虾炒日本拉面..... £10
- 76 King prawn pad thai 🌶️  
泰式大虾炒河粉..... £10
- 77 Chicken pad thai 🌶️  
泰式鸡炒河粉..... £8
- 78 Golden char siu pork Singapore vermicelli 🌶️  
金牌叉烧星州炒米粉..... £8
- 79 Homemade pickled cabbage vermicelli  
家乡甜酸菜炒米粉..... £6

## Soup

- 汤 -



- 80 Wonton soup  
云吞汤..... £4
- 81 King prawn tom yum soup 🌶️  
东阴大虾汤..... £4
- 82 Fish soup  
鱼汤..... £4
- 83 Miso soup with tofu and seaweed  
日本味噌豆腐紫菜汤..... £4

## Desserts

- 甜品 -

- 84 Chinese date and goji-berry jelly  
红枣杞子果冻..... £4
- 85 Mango pudding  
芒果布丁..... £3
- 86 Roast peanut snowball  
花生雪球..... £3
- 87 Sesame seed snowball  
芝麻雪球..... £3
- 88 Ice cream  
雪糕..... £3



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## Set Meal 套餐

### Set Meal 1 (Minimum for 2 people) 套餐一 (2 人起)..... £25 per person

炸拼盘	Hot hors d'oeuvres
瑞士鸡翅膀	Sweet sauce chicken wings
蒸日本毛豆	Steamed edamame with sea salt *** **
香煎大牛柳	Grilled diced fillet steak
麻辣鸡	Mala chicken
咕嚕大虾	Sweet and sour king prawn
炒上素	Stir fry deluxe vegetable
碎米芽菜鸡饭	Chicken fried rice with homemade pickled veg *** **
花生或芝麻雪糕	Roast peanut or Sesame Seed snowball

### Set Meal 2 (Minimum for 2 people) 套餐二 (2 人起)..... £25 per person

蒸点心	Steamed dumpling platter
天妇罗大虾	Tempura king prawn
香酥鸭卷	Aromatic duck spring rolls
山东炸羊腩	Shandong crispy lamb *** **
荷叶牛短骨	Beef ribs in lotus leaves
中国烧肉	Chinese crispy pork
麻辣虾	Mala king prawns
炒白菜	Stir fried pak choy
四川香酱炒饭	Chicken fried rice with homemade crispy chilli oil *** **
芒果布丁	Mango pudding

### Set Meal 3 (Minimum for 2 people) 套餐三 (2 人起)..... £35 per person

天妇罗大虾	Tempura king prawn
大红灯笼高高挂	Red lantern
煎韩国锅贴	Grilled Korean chicken gyoza
香鸭或山东炸羊腩	Crispy aromatic duck or Shandong crispy lamb *** **
香煎大牛柳 或 香煎羊柳	Grilled diced fillet steak or Grilled diced lamb shoulder fillet
铁板烧海鲜拼盘	Grilled seafood platter
麻辣大虾	Mala king prawns
炒法国甜豆	Stir fry French beans in garlic sauce
海鲜饭 或 海鲜炒日本拉面	Seafood fried rice or Fried Japanese ramen noodles with seafood *** **
中国甜点	Chinese jelly